

| Rang | N° | Nom Prénom | MF | Cat. | Club | Temps | Écart | Q |
|--------------|-----|------------------------|-------|---------|-----------------|--------------|-------|----|
| C SF1 | | | | | | | | |
| 1. | 112 | NIESTERS Robin | 1. M | 1. SeM | | 11:39 | -- | Qi |
| 2. | 108 | FRENOIS Maxime | 2. M | 2. SeM | Hooba Houppe | 11:52 | +13 | Qi |
| 3. | 130 | GARITZ Keyan | 3. M | 3. SeM | | 11:55 | +16 | Qi |
| 4. | 120 | MALTER Benjamin | 4. M | 4. SeM | | 12:01 | +22 | Qi |
| 5. | 114 | GRIJSPEERDT Théo | 5. M | 5. SeM | | 12:14 | +35 | Qi |
| 6. | 80 | DE ROYER-DUPRÉ Pierrot | 6. M | 6. SeM | DRY | 12:20 | +41 | Qi |
| 7. | 122 | VANHOUTTE Felix | 7. M | 7. SeM | | 12:20 | +41 | Qi |
| 8. | 128 | VERLAECKT Janus | 8. M | 8. SeM | | 12:21 | +42 | Qi |
| 9. | 138 | DONNE Stefano | 9. M | 9. SeM | PAC | 12:27 | +48 | Qi |
| 10. | 106 | AARTS Job | 10. M | 10. SeM | Saled Nederland | 12:34 | +55 | Qi |
| 11. | 142 | MEYS Nisse | 11. M | 11. SeM | Good Move | 12:37 | +58 | Qi |
| 12. | 110 | LUHMANN Ole | 12. M | 12. SeM | | 12:43 | +1:04 | Qi |
| 13. | 126 | LAUREYS Hugo | 13. M | 13. SeM | | 12:45 | +1:06 | |
| 14. | 118 | MAELFEYT Antoine | 14. M | 14. SeM | PAC | 13:12 | +1:33 | |
| 15. | 104 | DUPONCHELLE Nathan | 15. M | 15. SeM | MCT | 13:12 | +1:33 | |
| 16. | 79 | URIBE Julian | 16. M | 16. SeM | | 13:43 | +2:04 | |
| 17. | 134 | TIMMERMANS Niels | 17. M | 17. SeM | | 13:43 | +2:04 | |
| DNS | 124 | DE CONINCK Harald | M | SeM | ROC | DNS | +5:03 | Qi |
| DNS | 144 | DIJKSTRA Jordi | M | SeM | | DNS | +8:55 | Qi |

Nombre d'inscrits: 19