

The Race 2025

Classement général



Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
Pro Double															
1.	De Gentse Alliantie		35:09		1. MF	1. RX MF									
1	DE CROOCK Hanne	De Gentse Alliantie	35:09	--	04:05	02:57	02:40	03:03	02:30	03:09	04:21	03:21	04:10	03:27	01:24
1	GOOSSENS Anthony	De Gentse Alliantie	35:09	--	04:07	02:54	02:42	03:01	02:34	03:05	04:25	03:17	04:14	03:23	01:27
2.	Team Delta		35:49		2. MF	2. RX MF									
2	RAMAN Kaat	Team Delta	35:49	+0:40	04:19	02:50	02:43	02:51	02:30	03:06	04:54	03:05	04:44	03:25	01:22
2	DE SWAEF Leander	Team Delta	35:49	+0:40	04:20	02:48	02:45	02:44	02:34	03:04	05:00	03:02	04:48	03:22	01:22
3.	Team 2105		36:05		1. MM	1. Pro MM									
3	VANDORMAEL Yoann	Team 2105	36:05	+0:56	04:46	02:51	03:11	02:55	02:44	02:55	05:13	02:50	04:31	03:09	01:00
3	TOUATI Tarek	Team 2105	36:05	+0:56	04:46	02:51	03:11	02:54	02:46	02:53	05:13	02:50	04:32	03:07	01:02
4.	Alpha Tribe		36:18		3. MF	1. INTER MF									
4	LESAGE Anouck	Alpha Tribe	36:18	+1:09	03:29	03:40	02:55	02:38	02:47	02:53	05:05	03:00	04:28	03:19	02:04
4	STROO Frederik	Alpha Tribe	36:18	+1:09	03:15	03:55	02:53	02:39	02:46	02:51	05:10	02:59	04:26	03:19	02:05
5.	Team Delta		36:30		4. MF	3. RX MF									
5	BURGHGRAEVE Elissa	Team Delta	36:30	+1:21	04:28	02:54	02:55	02:52	03:01	03:09	04:56	03:08	04:27	03:22	01:18
5	DJAVATKANOV Ymran	Team Delta	36:30	+1:21	04:29	02:52	02:56	02:51	03:03	03:07	04:57	03:08	04:28	03:20	01:19
6.	CrossFit Moves		36:37		5. MF	4. RX MF									
6	WILLEMARCK Eva	CrossFit Moves	36:37	+1:28	04:58	02:46	03:11	02:45	02:41	02:53	05:18	03:03	04:14	03:15	01:32
6	OOMEN Sitse	CrossFit Moves	36:37	+1:28	04:57	02:46	03:11	02:45	02:41	02:54	05:15	03:00	04:20	03:15	01:33
7.	CROSSFIT XMILE		36:48		6. MF	2. INTER MF									
7	KOUREMETIS Lucas	CROSSFIT XMILE	36:48	+1:39	04:49	02:59	02:48	02:50	02:48	03:17	05:15	03:11	04:22	03:28	01:01
7	COUSSEMENT Nadège	CROSSFIT XMILE	36:48	+1:39	04:49	03:00	02:47	02:51	02:47	03:17	05:14	03:13	04:21	03:29	01:00
8.	Team 2112		36:48		2. MM	2. Pro MM									
8	RIBEIRO Raul	Team 2112	36:48	+1:39	04:51	02:50	03:04	02:46	02:43	02:56	05:32	02:58	04:24	03:39	01:05
8	CARVALHO Rodrigo	Team 2112	36:48	+1:39	04:51	02:49	03:05	02:47	02:43	02:56	05:32	02:58	04:25	03:38	01:04
9.	Queens and their Clowns ?		37:06		7. MF	3. INTER MF									
9	VANLAER Jessica	Queens and their Clowns ?	37:06	+1:57	05:16	02:51	03:14	02:47	02:48	03:01	05:20	02:56	04:37	03:16	01:00
9	DANYNCK Mehdi-Olivier	Queens and their Clowns ?	37:06	+1:57	05:17	02:50	03:14	02:46	02:49	03:00	05:21	02:56	04:39	03:13	01:01
10.	Les plus gros biceps		37:07		8. MF	4. INTER MF									
10	ANNÈS David	Les plus gros biceps	37:07	+1:58	04:56	02:58	03:14	02:45	02:50	03:01	05:13	03:15	04:29	03:21	01:05

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
10	THIRION Nathalie	Les plus gros biceps	37:07	+1:58	04:55	02:59	03:13	02:47	02:48	03:03	05:11	03:15	04:30	03:21	01:05
11.	Team Expoglider		37:08	9. MF	5. RX MF										
11	HEYE Alan	Team Expoglider	37:08	+1:59	04:44	02:57	03:03	02:55	02:40	03:02	05:25	02:59	04:54	03:11	01:18
11	TESTA Coralie	Team Expoglider	37:08	+1:59	04:43	02:59	03:01	02:57	02:39	03:04	05:22	03:01	04:53	03:12	01:15
12.	Les Uprise Royalzzz		37:08	10. MF	6. RX MF										
12	FRANCKX Kenneth	Les Uprise Royalzzz	37:08	+1:59	04:40	02:55	03:02	02:49	02:40	02:59	05:00	02:58	05:08	03:16	01:41
12	DECAESTEKER Tatjana	Les Uprise Royalzzz	37:08	+1:59	04:45	02:57	03:00	02:57	02:31	03:05	04:55	03:16	04:45	03:19	01:38
13.	Max-Max		37:23	11. MF	5. INTER MF										
13	QUINTELIER Eveline	Max-Max	37:23	+2:14	04:33	03:03	02:49	03:03	02:48	03:26	05:30	03:18	04:14	03:45	00:54
13	DEKEYSER Laurence	Max-Max	37:23	+2:14	04:36	02:59	02:52	02:59	02:48	03:27	05:33	03:16	04:16	03:40	00:57
14.	Loose Cargoose		37:29	12. MF	6. INTER MF										
14	DE PRYCK Laure	Loose Cargoose	37:29	+2:20	05:25	03:02	03:09	02:59	02:39	03:08	04:55	03:18	04:24	03:30	00:59
14	VAN TIEGHEM Sam	Loose Cargoose	37:29	+2:20	05:26	03:01	03:10	02:57	02:41	03:03	05:01	03:11	04:30	03:28	01:01
15.	Team Tribe		37:31	13. MF	7. INTER MF										
15	HOFFMANN Yoni	Team Tribe	37:31	+2:22	04:12	03:15	02:49	03:23	02:52	03:34	04:13	03:50	04:15	04:02	01:06
15	VANDERVORST Tuur	Team Tribe	37:31	+2:22	04:10	03:15	02:50	03:22	02:54	03:32	04:15	03:47	04:19	04:00	01:07
16.	Team 2108		37:57	3. MM	3. Pro MM										
16	LAMZOUZI Adil	Team 2108	37:57	+2:48	04:28	02:53	03:04	02:54	03:05	03:36	05:25	03:05	04:33	03:38	01:16
16	RANSBOTYN Adrien	Team 2108	37:57	+2:48	04:28	02:52	03:04	02:53	03:05	03:37	05:25	03:06	04:32	03:39	01:15
17.	Team 2045		37:58	14. MF	1. Pro MF										
17	COPPÉ Thomas	Team 2045	37:58	+2:49	05:17	02:59	02:54	02:59	02:40	03:04	05:43	03:01	04:36	03:18	01:27
17	HURKMANS Marie	Team 2045	37:58	+2:49	05:18	02:57	02:55	03:01	02:39	03:02	05:44	03:03	04:33	03:20	01:26
18.	Strive WODaholics		38:15	15. MF	8. INTER MF										
18	VAN BRUSSELEN Jonas	Strive WODaholics	38:15	+3:06	04:44	02:57	02:49	02:57	02:59	03:27	05:49	03:10	04:38	03:25	01:19
18	SCHOTMAN Daniëlle	Strive WODaholics	38:15	+3:06	04:45	02:58	02:50	02:57	03:00	03:27	05:45	03:13	04:38	03:25	01:17
19.	Crossfit Malle		38:22	16. MF	9. INTER MF										
19	JANSENS Gitte	Crossfit Malle	38:22	+3:13	05:45	02:50	02:52	02:56	02:55	03:07	05:38	03:02	04:19	03:38	01:20
19	JACOBS Niels	Crossfit Malle	38:22	+3:13	05:47	02:49	02:51	02:56	02:56	03:07	05:37	03:03	04:19	03:38	01:19
20.	Flex Offenders		38:33	17. MF	7. RX MF										
20	TOSSEYN Rava	Flex Offenders	38:33	+3:24	05:03	02:54	03:04	02:53	02:48	03:11	05:22	03:07	05:10	03:30	01:31

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
20	JORIS Wesley	Flex Offenders	38:33	+3:24	05:04	02:50	03:07	02:49	02:52	03:04	05:30	03:03	05:12	03:26	01:36
21.	Max-Max		38:41	18. MF	10. INTER MF										
21	BOONANTS Astrid	Max-Max	38:41	+3:32	04:20	03:16	03:06	03:08	02:36	03:17	04:52	03:22	04:14	05:31	00:57
21	EVERAERT Vincent	Max-Max	38:41	+3:32	04:23	03:14	03:07	03:06	02:38	03:17	04:52	03:21	04:15	05:30	00:58
22.	CrossForse DMD		38:44	19. MF	11. INTER MF										
22	TAS Fran	CrossForse DMD	38:44	+3:35	04:41	03:30	03:17	03:17	03:09	03:20	04:59	03:17	04:37	03:39	00:57
22	ANRYS Florian	CrossForse DMD	38:44	+3:35	04:44	03:25	03:19	03:15	03:13	03:18	05:01	03:15	04:39	03:35	01:00
23.	Les princesses et les bûcherons		38:55	20. MF	12. INTER MF										
23	HEYD Sarah	Les princesses et les	38:55	+3:46	05:28	03:06	03:10	03:04	02:45	03:11	05:59	03:14	04:17	03:33	01:07
23	THEYS Jean-Francois	Les princesses et les	38:55	+3:46	05:28	03:07	03:11	03:01	02:50	03:08	06:00	03:12	04:23	03:27	01:08
24.	Team 2049		39:00	21. MF	2. Pro MF										
24	UYTTERSROT Ellen	Team 2049	39:00	+3:51	05:32	02:54	03:10	03:01	03:13	03:16	05:48	03:09	04:15	03:23	01:19
24	FUSSEDER Christian	Team 2049	39:00	+3:51	05:33	02:51	03:11	02:59	03:16	03:12	05:53	03:04	04:19	03:18	01:24
25.	CrossFit Aalst		39:02	22. MF	13. INTER MF										
25	MERTENS Evelien	CrossFit Aalst	39:02	+3:53	05:15	03:05	03:07	03:01	02:44	03:12	05:46	03:10	04:44	03:31	01:27
25	LOTS Dieter	CrossFit Aalst	39:02	+3:53	05:13	03:05	03:09	02:59	02:46	03:12	05:43	03:11	04:44	03:32	01:27
26.	Commic		39:02	23. MF	14. INTER MF										
26	VANDERMAESEN Brent	Commic	39:02	+3:53	05:27	03:04	03:02	03:03	02:56	03:06	05:15	03:25	04:57	03:29	01:15
26	VAN DEN BERGE Anse	Commic	39:02	+3:53	05:27	03:04	03:02	03:02	02:58	03:05	05:15	03:23	04:58	03:28	01:20
27.	Commic		39:03	24. MF	15. INTER MF										
27	BAYRAM Engin	Commic	39:03	+3:54	04:40	02:55	03:08	03:05	02:56	03:30	04:56	03:17	04:47	03:29	02:19
27	HANSSENS Lynn	Commic	39:03	+3:54	04:40	02:57	03:06	03:09	02:54	03:32	04:51	03:21	04:44	03:32	02:17
28.	Les Liégeois ?		39:14	25. MF	16. INTER MF										
28	MARECHAL Charlotte	Les Liégeois ?	39:14	+4:05	05:31	03:06	03:13	03:03	03:00	03:10	05:58	03:12	04:29	03:35	00:57
28	GODET Tom	Les Liégeois ?	39:14	+4:05	05:30	03:06	03:13	03:02	03:02	03:08	06:01	03:10	04:30	03:32	01:00
29.	Fransje ft. Commic Dads		39:14	26. MF	17. INTER MF										
29	DEGROS Francesca	Fransje ft. Commic Dads	39:14	+4:05	05:05	03:17	02:57	03:11	02:31	03:25	05:43	03:36	04:41	03:44	01:04
29	WEYENS Maarten	Fransje ft. Commic Dads	39:14	+4:05	05:05	03:16	02:57	03:10	02:33	03:22	05:45	03:34	04:44	03:44	01:04
30.	Crossfit Malle		39:17	27. MF	18. INTER MF										
30	DE BACKKER Eline	Crossfit Malle	39:17	+4:08	05:27	02:41	03:08	02:43	03:12	03:03	05:52	03:12	04:54	03:32	01:33

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
30	VAN HAESENDONCK Ben	Crossfit Malle	39:17	+4:08	05:26	02:43	03:08	02:42	03:13	03:03	05:51	03:12	04:58	03:29	01:32
31.	Alpha Tribe		39:18	28. MF	19. INTER MF										
31	FONTAINE Stephanie	Alpha Tribe	39:18	+4:09	03:23	04:28	03:13	03:19	03:14	03:32	05:39	03:23	04:28	03:40	00:59
31	BLANCQUAERT Nick	Alpha Tribe	39:18	+4:09	03:10	04:41	03:13	03:18	03:15	03:32	05:37	03:23	04:30	03:39	01:00
32.	De Fitniksers		39:18	29. MF	20. INTER MF										
32	MEIJER Sander	De Fitniksers	39:18	+4:09	05:33	03:03	02:48	03:05	03:18	03:20	05:34	03:10	04:54	03:32	01:01
32	GREVERS Frederieke	De Fitniksers	39:18	+4:09	05:33	03:02	02:48	03:02	03:21	03:18	05:39	03:08	04:57	03:28	01:02
33.	Dansaert Athletics		39:20	30. MF	8. RX MF										
33	ROMANINI Pierre-Yves	Dansaert Athletics	39:20	+4:11	04:49	02:55	03:06	02:52	02:45	03:14	06:02	03:17	05:18	03:27	01:33
33	GAUTHIER Clara	Dansaert Athletics	39:20	+4:11	04:49	02:57	03:06	02:56	02:42	03:12	06:04	03:16	05:17	03:27	01:34
34.	Les Liégeois ?		39:22	31. MF	21. INTER MF										
34	CRAPANZANO Elena	Les Liégeois ?	39:22	+4:13	05:28	03:02	03:14	03:08	02:45	03:25	05:51	03:18	04:24	03:47	01:00
34	ROMAN COLMENERO	Les Liégeois ?	39:22	+4:13	05:28	03:01	03:15	03:06	02:46	03:25	05:53	03:15	04:26	03:46	01:01
35.	CrossForse DMD		39:23	32. MF	22. INTER MF										
35	KRAUCHANKA Aliona	CrossForse DMD	39:23	+4:14	05:27	03:15	03:19	03:02	02:55	03:12	05:24	03:18	04:59	03:28	01:03
35	GOOSSENS Arno	CrossForse DMD	39:23	+4:14	05:24	03:20	03:18	02:59	02:57	03:13	05:24	03:19	04:59	03:27	01:03
36.	Les Masters du 658		39:29	33. MF	23. INTER MF										
36	VAN ASSELBERGHS Isabelle	Les Masters du 658	39:29	+4:20	05:01	03:12	03:15	03:04	02:56	03:15	05:41	03:25	04:55	03:34	01:11
36	COURTEAUX Jeremy	Les Masters du 658	39:29	+4:20	05:03	03:11	03:15	03:01	02:56	03:15	05:43	03:21	05:00	03:31	01:13
37.	Les Masters du 658		39:33	34. MF	24. INTER MF										
37	VAN VERRE Emily	Les Masters du 658	39:33	+4:24	05:02	03:13	02:55	03:17	02:50	03:33	05:49	03:33	04:36	03:46	00:59
37	COURTEAUX Jeremy	Les Masters du 658	39:33	+4:24	05:04	03:10	02:57	03:14	02:54	03:31	05:51	03:30	04:41	03:39	01:02
38.	CrossFit Moves		39:39	35. MF	9. RX MF										
38	VAN DER JONCKHEYD Sofie	CrossFit Moves	39:39	+4:30	04:44	03:04	03:22	03:04	03:15	03:28	05:15	03:15	04:47	03:50	01:34
38	ROSIERS Jeroen	CrossFit Moves	39:39	+4:30	04:44	03:02	03:23	03:05	03:15	03:28	05:16	03:14	04:47	03:48	01:37
39.	Team 2101		39:39	4. MM	4. Pro MM										
39	KADDOUR Azzeddine	Team 2101	39:39	+4:30	05:15	03:09	03:16	03:12	02:38	03:18	05:44	03:13	04:56	03:38	01:20
39	TEHRAOUI Ilyas	Team 2101	39:39	+4:30	05:14	03:09	03:17	03:10	02:39	03:17	05:44	03:14	04:56	03:36	01:23
40.	Crossfit Wavre		39:41	36. MF	25. INTER MF										
40	ROLAND Olivia	Crossfit Wavre	39:41	+4:32	05:36	02:59	03:17	02:55	03:09	03:08	05:42	03:12	04:58	03:35	01:10

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
40	DUBOIS Kevin	Crossfit Wavre	39:41	+4:32	05:35	02:59	03:17	02:55	03:11	03:07	05:43	03:11	04:59	03:34	01:10
41.	Crossfit Wavre		39:46	37. MF	26. INTER MF										
41	KANIA Kamila	Crossfit Wavre	39:46	+4:37	05:07	03:11	03:17	03:11	02:55	03:15	05:52	03:21	04:36	03:44	01:17
41	TANDISSA Rani	Crossfit Wavre	39:46	+4:37	05:08	03:09	03:16	03:11	02:56	03:14	05:54	03:19	04:36	03:34	01:29
42.	De troetelbeertjes		39:46	38. MF	27. INTER MF										
42	VAN LAETHEM Sofie	De troetelbeertjes	39:46	+4:37	05:06	03:26	03:29	03:10	02:41	03:31	05:10	03:45	04:43	03:51	00:53
42	VAN GELDEREN Ritchie	De troetelbeertjes	39:46	+4:37	05:07	03:26	03:30	03:08	02:41	03:32	05:10	03:45	04:41	03:52	00:54
43.	Crosslab Heizijde		39:47	39. MF	28. INTER MF										
43	MOENS Katrien	Crosslab Heizijde	39:47	+4:38	05:59	03:13	02:55	03:08	02:53	03:18	06:06	03:16	04:16	03:28	01:15
43	DE HAUWERE Tim	Crosslab Heizijde	39:47	+4:38	05:59	03:11	02:56	03:07	02:54	03:19	06:09	03:15	04:15	03:27	01:15
44.	The Cryptians Inter		39:47	40. MF	29. INTER MF										
44	MARIOTTE Charles	The Cryptians Inter	39:47	+4:38	05:03	03:07	03:14	03:00	03:03	03:14	06:11	03:18	04:58	03:33	01:06
44	HASSON Shana	The Cryptians Inter	39:47	+4:38	05:01	03:10	03:14	03:05	02:54	03:16	06:10	03:10	05:04	03:35	01:08
45.	Pas d'ananas sur les pizzas		39:54	41. MF	30. INTER MF										
45	POPESCU Laura	Pas d'ananas sur les pizzas	39:54	+4:45	05:37	02:59	03:14	03:11	03:03	03:15	06:19	03:09	04:33	03:24	01:10
45	BOURDOUXHE Alexandre	Pas d'ananas sur les pizzas	39:54	+4:45	05:37	03:00	03:15	03:11	03:02	03:17	06:17	03:09	04:32	03:28	01:06
46.	The 8500 Crew		39:55	42. MF	31. INTER MF										
46	COECK Kimberly	The 8500 Crew	39:55	+4:46	05:14	03:04	03:21	03:05	02:32	03:17	05:52	03:20	04:59	03:45	01:26
46	LOGGHE Ditmar	The 8500 Crew	39:55	+4:46	05:16	03:02	03:22	03:03	02:33	03:12	05:57	03:14	05:05	03:48	01:23
47.	Chalk it up!		40:00	43. MF	32. INTER MF										
47	DUA Jana	Chalk it up!	40:00	+4:51	05:26	03:02	03:31	02:55	03:07	03:03	05:27	03:21	04:50	03:50	01:28
47	MAES Sander	Chalk it up!	40:00	+4:51	05:26	03:02	03:30	02:55	03:06	03:03	05:29	03:20	04:51	03:51	01:26
48.	Pizza Power ?		40:04	44. MF	33. INTER MF										
48	CAO Diego	Pizza Power ?	40:04	+4:55	04:53	03:18	03:37	03:11	03:15	03:20	05:46	03:11	05:02	03:23	01:08
48	ANGERAME Grazia	Pizza Power ?	40:04	+4:55	04:54	03:19	03:35	03:12	03:13	03:23	05:43	03:13	04:58	03:29	01:04
49.	Team 2110		40:04	5. MM	5. Pro MM										
49	KWITTEK Jean-Charles	Team 2110	40:04	+4:55	05:05	02:51	03:30	02:45	03:20	03:25	06:01	03:10	05:10	03:32	01:15
49	DEFFOLIN Pierre Alexandre	Team 2110	40:04	+4:55	05:06	02:50	03:30	02:45	03:21	03:23	06:02	03:07	05:11	03:32	01:15
50.	LFG!		40:05	45. MF	34. INTER MF										
50	SIMONSEN Tina	LFG!	40:05	+4:56	04:46	03:20	03:31	03:04	03:19	03:14	05:41	03:17	04:47	03:48	01:18

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
50	MICHEL Olivier	LFG!	40:05	+4:56	04:46	03:19	03:31	03:03	03:21	03:09	05:46	03:17	04:44	03:50	01:19
51.	Flex Offenders		40:06	46. MF	10. RX MF										
51	MATHUES Leontien	Flex Offenders	40:06	+4:57	04:52	02:51	03:14	03:05	03:17	03:22	05:38	03:31	04:51	03:47	01:36
51	GIOTS Thomas	Flex Offenders	40:06	+4:57	04:54	02:52	03:12	03:05	03:19	03:26	05:32	03:27	04:56	03:49	01:34
52.	Quad Squad		40:17	47. MF	35. INTER MF										
52	SLYUSAR Alexandre	Quad Squad	40:17	+5:08	04:43	03:04	03:09	03:01	03:01	03:20	06:27	03:13	05:31	03:31	01:16
52	THUILLIER Zélie	Quad Squad	40:17	+5:08	04:43	03:04	03:09	03:00	03:01	03:20	06:28	03:13	05:33	03:28	01:18
53.	Team 2104		40:21	6. MM	6. Pro MM										
53	VAN ESBROECK Matthijs	Team 2104	40:21	+5:12	05:07	02:57	03:27	02:58	03:09	03:09	06:02	03:08	05:44	03:30	01:10
53	VAN GEERTRUY Sven	Team 2104	40:21	+5:12	05:04	03:00	03:25	02:58	03:10	03:10	06:03	03:06	05:42	03:31	01:12
54.	Quad Squad		40:29	48. MF	36. INTER MF										
54	CUVELIER Elliott	Quad Squad	40:29	+5:20	05:15	02:56	03:28	03:04	03:31	03:28	05:55	03:14	04:52	03:43	01:03
54	GOURMAT Sawsana	Quad Squad	40:29	+5:20	05:16	02:56	03:25	03:02	03:30	03:29	05:58	03:13	04:55	03:39	01:06
55.	CFW		40:35	49. MF	37. INTER MF										
55	PARKHOMCHUK Alex	CFW	40:35	+5:26	05:16	03:20	03:40	03:04	03:01	03:21	05:58	03:18	04:31	03:52	01:14
55	LEMBRECHTS Sofie	CFW	40:35	+5:26	05:16	03:23	03:37	03:06	03:01	03:21	05:57	03:16	04:35	03:48	01:15
56.	De Fitniksers		40:35	50. MF	38. INTER MF										
56	VAN HOUT Liz	De Fitniksers	40:35	+5:26	05:20	03:22	03:30	03:16	03:09	03:25	05:44	03:22	04:47	03:45	00:52
56	KLOMBERG Renz	De Fitniksers	40:35	+5:26	05:23	03:16	03:37	03:02	03:26	03:01	06:10	02:56	05:11	03:15	01:18
57.	Oly Fans		40:36	51. MF	39. INTER MF										
57	KOUTROLIKOU Maria	Oly Fans	40:36	+5:27	05:41	03:07	03:22	03:06	03:18	03:17	06:01	03:21	04:50	03:33	01:00
57	MAAS Toon	Oly Fans	40:36	+5:27	05:41	03:08	03:21	03:07	03:17	03:18	05:59	03:21	04:53	03:30	01:01
58.	De Gentse Alliantie		40:38	52. MF	11. RX MF										
58	VANHOUTTE Jasper	De Gentse Alliantie	40:38	+5:29	05:09	02:51	03:00	02:47	03:02	03:12	06:47	03:14	05:24	03:32	01:40
58	DE BRUYN Nele	De Gentse Alliantie	40:38	+5:29	05:06	02:54	03:01	02:46	03:00	03:14	06:48	03:17	05:17	03:31	01:44
59.	Queens and their Clowns ?		40:38	53. MF	40. INTER MF										
59	REMY Charlotte	Queens and their Clowns ?	40:38	+5:29	05:29	03:02	03:18	03:06	02:53	03:30	06:19	03:17	04:48	03:52	01:04
59	CARNAZZA Jeremy	Queens and their Clowns ?	40:38	+5:29	05:30	03:01	03:18	03:06	02:53	03:32	06:17	03:15	04:49	03:46	01:08
60.	De troetelbeertjes		40:42	54. MF	41. INTER MF										
60	DEKETELAERE Ruben	De troetelbeertjes	40:42	+5:33	05:48	03:22	03:29	03:16	02:55	03:16	05:22	03:33	04:36	04:00	01:05

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
60	JANSSENS Carine	De troetelbeertjes	40:42	+5:33	05:45	03:23	03:29	03:17	02:55	03:17	05:20	03:32	04:39	03:58	01:05
61.	Youth & Wisdom United		40:48	55. MF	42. INTER MF										
61	BRYSSINCK Larissa	Youth & Wisdom United	40:48	+5:39	05:01	03:11	03:22	03:11	03:08	03:36	05:36	03:28	05:09	04:04	01:02
61	VAN DAELE Lukas	Youth & Wisdom United	40:48	+5:39	04:58	03:13	03:20	03:11	03:06	03:34	05:44	03:25	05:12	03:57	01:08
62.	Primal 6.5.8		41:00	56. MF	43. INTER MF										
62	DE SMEDT Mathias	Primal 6.5.8	41:00	+5:51	05:28	03:11	03:09	03:05	03:28	03:50	06:08	03:22	04:31	03:47	01:01
62	LOMBART Zoé	Primal 6.5.8	41:00	+5:51	05:28	03:15	03:05	03:18	03:18	03:48	06:04	03:26	04:30	03:52	00:56
63.	Newbies		41:11	57. MF	44. INTER MF										
63	LECLAIR Laurence	Newbies	41:11	+6:02	05:38	03:13	03:25	02:55	02:59	03:04	06:34	03:07	05:23	03:36	01:17
63	BLONDEEL Olivier	Newbies	41:11	+6:02	05:37	03:14	03:25	02:55	02:59	03:06	06:36	03:03	05:23	03:41	01:12
64.	CFW		41:13	58. MF	45. INTER MF										
64	HORSTEN Elke	CFW	41:13	+6:04	05:34	03:07	03:08	03:11	03:02	03:30	05:59	03:24	05:05	03:52	01:21
64	VANSCHOONBEEK Michael	CFW	41:13	+6:04	05:34	03:07	03:09	03:10	03:03	03:28	06:00	03:24	05:04	03:53	01:21
65.	Les Uprise Royalzzz		41:13	59. MF	12. RX MF										
65	SCHALLENBERGH Tom	Les Uprise Royalzzz	41:13	+6:04	05:11	03:01	03:24	03:05	03:14	03:07	06:29	03:24	05:09	03:24	01:44
65	D. Lien	Les Uprise Royalzzz	41:13	+6:04	05:11	03:03	03:22	03:07	03:12	03:08	06:26	03:10	05:25	03:25	01:44
66.	Beauties and the "beasts"		41:13	60. MF	46. INTER MF										
66	VALENT Maxime	Beauties and the "beasts"	41:13	+6:04	05:25	03:38	03:42	03:10	03:28	03:10	05:49	03:14	04:58	03:16	01:23
66	FRANCOIS Charlotte	Beauties and the "beasts"	41:13	+6:04	05:27	03:37	03:43	03:04	03:32	03:10	05:50	03:14	04:59	03:13	01:24
67.	Pimp My WOD		41:15	61. MF	47. INTER MF										
67	VERMEULEN Gregory	Pimp My WOD	41:15	+6:06	05:03	03:23	03:09	03:26	03:29	03:29	05:44	03:32	04:57	03:51	01:12
67	LAFORËT Fanny	Pimp My WOD	41:15	+6:06	05:03	03:25	03:08	03:28	03:27	03:29	05:45	03:30	04:57	03:56	01:07
68.	O'GYM		41:17	62. MF	48. INTER MF										
68	GRANDJEAN Denis	O'GYM	41:17	+6:08	05:44	03:15	03:08	03:19	03:14	03:28	06:20	03:14	04:49	03:45	01:00
68	LEYDER Juliette	O'GYM	41:17	+6:08	05:44	03:15	03:08	03:19	03:14	03:29	06:19	03:14	04:49	03:45	01:01
69.	Burpee Batallion		41:18	63. MF	49. INTER MF										
69	DE POTTER Kerensa	Burpee Batallion	41:18	+6:09	05:28	02:59	03:22	03:04	03:01	03:09	05:39	03:35	05:36	04:12	01:13
69	HELMUS Ruben	Burpee Batallion	41:18	+6:09	05:27	02:59	03:22	03:05	02:59	03:10	05:38	03:37	05:34	04:13	01:13
70.	Booties and Beasts		41:22	64. MF	50. INTER MF										
70	PIETERS Marit	Booties and Beasts	41:22	+6:13	06:00	03:19	03:17	03:11	02:54	03:17	06:20	03:23	05:03	03:29	01:09

Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
70	VAN DER MEER Dylan	Booties and Beasts	41:22	+6:13	06:04	03:20	03:13	03:12	02:52	03:21	06:20	03:22	05:00	03:30	01:08
71.	Chalk it up!		41:32	65. MF											51. INTER MF
71	BAEYENS Bjorn	Chalk it up!	41:32	+6:23	05:43	03:14	03:06	03:12	02:44	03:21	05:48	03:35	05:20	04:08	01:21
71	LINARES Sofia	Chalk it up!	41:32	+6:23	05:43	03:15	03:05	03:13	02:44	03:20	05:47	03:35	05:21	04:08	01:21
72.	Burpee Battalion		41:32	66. MF											52. INTER MF
72	WELLEKENS Eva	Burpee Battalion	41:32	+6:23	05:43	03:12	03:23	03:13	03:24	03:19	06:17	03:15	04:51	03:33	01:22
72	VALLENPINT Steven	Burpee Battalion	41:32	+6:23	05:42	03:14	03:20	03:13	03:27	03:17	06:19	03:12	04:51	03:36	01:21
73.	Bros & Twins		41:33	67. MF											53. INTER MF
73	RADEV Velislav	Bros & Twins	41:33	+6:24	05:54	03:37	03:33	03:23	02:50	03:28	05:37	03:41	04:45	03:49	00:56
73	DEFEVER Emily	Bros & Twins	41:33	+6:24	05:26	03:37	03:34	03:18	03:12	03:20	05:51	03:20	05:05	03:36	01:11
74.	Team 2106		41:33	7. MM											7. Pro MM
74	COECKELBERGH Mathieu	Team 2106	41:33	+6:24	04:49	03:15	03:20	03:11	02:50	03:31	06:03	03:32	05:58	03:37	01:27
74	ROLIN Dimitri	Team 2106	41:33	+6:24	04:48	03:16	03:20	03:11	02:49	03:33	06:02	03:33	05:56	03:41	01:23
75.	Bros & Twins		41:35	68. MF											54. INTER MF
75	DEFEVER Sarah	Bros & Twins	41:35	+6:26	05:25	03:38	03:34	03:17	03:14	03:17	05:52	03:21	05:05	03:34	01:13
75	DESMET Robbe	Bros & Twins	41:35	+6:26	05:55	03:33	03:36	03:22	02:53	03:25	05:39	03:38	04:47	03:48	00:59
76.	Pimp My WOD		41:41	69. MF											55. INTER MF
76	HOYOIS Alix	Pimp My WOD	41:41	+6:32	05:31	03:17	03:34	03:18	03:30	03:26	05:49	03:24	04:49	03:54	01:09
76	CHENOT Fabian	Pimp My WOD	41:41	+6:32	05:31	03:16	03:34	03:18	03:32	03:23	05:51	03:23	04:48	03:52	01:11
77.	The 4 Funtastiques		41:55	70. MF											56. INTER MF
77	DE BRUYN Estelle	The 4 Funtastiques	41:55	+6:46	06:06	03:05	03:12	03:08	02:51	03:18	06:26	03:24	04:56	03:36	01:52
77	DESRUMAUX Julien	The 4 Funtastiques	41:55	+6:46	06:05	03:05	03:14	03:08	02:50	03:19	06:25	03:25	04:54	03:37	01:53
78.	Fransje ft. Commic Dads		41:59	71. MF											57. INTER MF
78	RONKEN Ansjje	Fransje ft. Commic Dads	41:59	+6:50	05:49	03:47	03:17	03:33	03:14	03:38	05:56	03:26	04:30	03:43	01:06
78	ZOONS Pieter	Fransje ft. Commic Dads	41:59	+6:50	05:49	03:46	03:17	03:32	03:15	03:38	05:56	03:26	04:31	03:40	01:08
79.	Team 2102		41:59	8. MM											8. Pro MM
79	NIEVES Brandon	Team 2102	41:59	+6:50	05:07	03:03	03:22	03:04	03:03	03:36	06:35	03:19	05:25	03:56	01:29
79	BARRERA Daniel	Team 2102	41:59	+6:50	05:07	03:03	03:21	03:07	03:01	03:39	06:31	03:24	05:21	03:59	01:26
80.	Booties and Beasts		42:00	72. MF											58. INTER MF
80	MOLLEN Erik	Booties and Beasts	42:00	+6:51	05:56	03:15	03:21	03:13	03:01	03:20	06:06	03:29	05:26	03:33	01:19

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
80	DIEG Antonia	Booties and Beasts	42:00	+6:51	05:58	03:13	03:21	03:14	03:01	03:19	06:07	03:28	05:26	03:33	01:20
81.	Crosslab Heizijde		42:01	73. MF	59. INTER MF										
81	VERBEIREN Katrien	Crosslab Heizijde	42:01	+6:52	05:34	03:28	03:15	03:27	03:22	03:30	05:43	03:28	05:03	03:53	01:18
81	MESKENS Machiel	Crosslab Heizijde	42:01	+6:52	05:36	03:27	03:15	03:29	03:18	03:30	05:44	03:30	05:01	03:52	01:19
82.	Les imprévisibles		42:06	74. MF	60. INTER MF										
82	NEMETH Thomas	Les imprévisibles	42:06	+6:57	05:14	03:21	03:27	03:16	03:23	03:29	07:05	03:17	04:44	03:36	01:14
82	PIHEYNS Anne-Sophie	Les imprévisibles	42:06	+6:57	05:14	03:22	03:25	03:16	03:24	03:28	07:06	03:17	04:44	03:37	01:13
83.	Bits, Booties & Biceps		42:07	75. MF	61. INTER MF										
83	THEUNS Thaïs	Bits, Booties & Biceps	42:07	+6:58	05:27	03:37	03:16	03:20	03:16	03:35	05:48	03:42	05:15	03:53	00:58
83	VAN LEEMPUT Koen	Bits, Booties & Biceps	42:07	+6:58	05:26	03:38	03:15	03:19	03:17	03:34	05:51	03:43	05:12	03:44	01:08
84.	Dansaert Athletics		42:09	76. MF	13. RX MF										
84	CASAMENTO Gérôme	Dansaert Athletics	42:09	+7:00	05:23	03:02	03:13	03:22	02:58	03:35	06:44	03:33	05:03	03:45	01:29
84	CROMBOIS Julie	Dansaert Athletics	42:09	+7:00	05:24	03:07	03:10	03:24	02:56	03:41	06:36	03:36	05:03	03:51	01:21
85.	Team 2111		42:11	9. MM	9. Pro MM										
85	GAUBAL Gerald	Team 2111	42:11	+7:02	04:36	03:37	03:25	03:25	03:14	03:44	05:50	03:24	05:35	04:00	01:21
85	GEORGAS Emmanuel	Team 2111	42:11	+7:02	04:37	03:36	03:24	03:26	03:15	03:44	05:47	03:25	05:32	04:02	01:23
86.	De buffels		42:12	77. MF	62. INTER MF										
86	LUTIN Niels	De buffels	42:12	+7:03	05:41	03:22	03:16	03:15	03:31	03:32	05:48	03:31	05:00	04:05	01:10
86	BECKAERT Jana	De buffels	42:12	+7:03	05:42	03:23	03:16	03:17	03:29	03:34	05:45	03:36	04:54	04:12	01:04
87.	Les Wardennais		42:14	78. MF	63. INTER MF										
87	LAMBERT Alexandre	Les Wardennais	42:14	+7:05	05:27	03:21	03:42	03:36	03:18	03:35	06:08	03:29	04:43	03:56	00:59
87	PETIT Natacha	Les Wardennais	42:14	+7:05	05:26	03:22	03:42	03:37	03:15	03:36	06:07	03:31	04:43	03:56	00:58
88.	Team Tribe		42:22	79. MF	64. INTER MF										
88	HILLEWAERT Arne	Team Tribe	42:22	+7:13	05:22	03:34	03:23	03:21	03:18	03:44	05:38	03:56	05:12	03:56	00:58
88	DEWULF Sien	Team Tribe	42:22	+7:13	05:23	03:34	03:22	03:20	03:22	03:43	05:37	03:55	05:13	03:56	00:57
89.	De buffels		42:24	80. MF	65. INTER MF										
89	VANMARCKE Deborah	De buffels	42:24	+7:15	05:49	03:22	03:25	03:20	03:17	03:29	05:31	03:33	05:16	04:14	01:08
89	DHONDT Glenn	De buffels	42:24	+7:15	05:48	03:21	03:25	03:20	03:19	03:27	05:33	03:30	05:17	04:09	01:14
90.	Primal 6.5.8		42:26	81. MF	66. INTER MF										
90	NICOLA Anzaldi	Primal 6.5.8	42:26	+7:17	05:02	03:25	03:10	03:16	03:07	03:41	06:34	03:42	05:14	04:00	01:15

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
90	BOULOUFA Meriam	Primal 6.5.8	42:26	+7:17	05:03	03:26	03:09	03:16	03:04	03:43	06:35	03:45	05:10	03:56	01:18
91.	The 4 Funtastiques		42:29												
91	PELATAN Julia	The 4 Funtastiques	42:29	+7:20	05:16	03:24	03:25	03:26	02:56	03:49	06:27	03:34	05:07	03:56	01:09
91	DOAN Minh Kiet	The 4 Funtastiques	42:29	+7:20	05:16	03:22	03:26	03:25	02:57	03:46	06:31	03:32	05:09	03:53	01:11
92.	Uprise Ninja's		42:30												
92	DE JAEGER Nathalie	Uprise Ninja's	42:30	+7:21	05:45	03:04	03:14	03:02	03:01	03:34	05:58	03:41	06:18	03:54	00:59
92	VERVLOESEM Glen	Uprise Ninja's	42:30	+7:21	05:45	03:02	03:16	02:59	03:05	03:30	06:00	03:40	06:14	03:57	01:02
93.	Oly Fans		42:34												
93	CRAGGS Amy	Oly Fans	42:34	+7:25	06:04	03:25	03:38	03:08	03:29	03:27	06:11	03:13	05:10	03:42	01:06
93	PIZZA Giacomo	Oly Fans	42:34	+7:25	06:05	03:26	03:38	03:07	03:30	03:27	06:11	03:12	05:11	03:42	01:05
94.	O'GYM		42:38												
94	WUIDART Boris	O'GYM	42:38	+7:29	05:49	03:11	03:35	03:09	03:12	03:17	06:44	03:26	05:19	03:45	01:11
94	HODIN Christelle	O'GYM	42:38	+7:29	05:50	03:10	03:36	03:09	03:11	03:18	06:42	03:28	05:18	03:48	01:08
95.	Ultra H5PO		42:47												
95	VANGHELUWE Sarah	Ultra H5PO	42:47	+7:38	05:42	03:31	03:25	03:17	02:45	03:28	06:11	03:39	05:30	04:05	01:14
95	DOLCIAMI Pierre-André	Ultra H5PO	42:47	+7:38	05:42	03:30	03:26	03:16	02:45	03:28	06:12	03:38	05:32	04:00	01:17
96.	Loose Cargoose		42:52												
96	DE PRAITERE Silke	Loose Cargoose	42:52	+7:43	06:01	03:28	03:24	03:33	03:14	03:40	06:44	03:31	04:47		
96	GOOSSENS Anthony	Loose Cargoose	42:52	+7:43	06:00	03:27	03:26	03:29	03:17	03:38	06:47	03:29	04:48		
97.	CROSSFIT WILD FOX 1		42:53												
97	MARECHAL Philippe	CROSSFIT WILD FOX 1	42:53	+7:44	05:48	03:11	03:30	03:10	03:52	03:12	06:02	03:20	05:12	03:58	01:38
97	JUSTEN Lynn	CROSSFIT WILD FOX 1	42:53	+7:44	05:47	03:11	03:31	03:09	03:52	03:12	06:03	03:20	05:11	04:04	01:33
98.	Pas d'ananas sur les pizzas		42:56												
98	MACKELS Manon	Pas d'ananas sur les pizzas	42:56	+7:47	05:46	03:21	03:41	03:09	03:33	03:17	06:35	03:07	05:48	03:26	01:13
98	FRERE Gregory	Pas d'ananas sur les pizzas	42:56	+7:47	05:46	03:21	03:41	03:09	03:31	03:19	06:34	03:06	05:48	03:29	01:12
99.	Clean Up		42:56												
99	SILVA Mauro	Clean Up	42:56	+7:47	05:32	03:21	03:28	03:25	03:11	03:32	06:11	03:34	05:28	03:54	01:20
99	WINDAL Vero	Clean Up	42:56	+7:47	05:32	03:22	03:28	03:25	03:11	03:33	06:08	03:38	05:26	03:58	01:15
100.	Dansaert Dikkeneks		42:57												
100	DESSALES Louis	Dansaert Dikkeneks	42:57	+7:48	05:47	03:11	03:22	03:13	03:07	03:28	06:36	03:38	05:26	03:49	01:20

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
100	GAUDEUS Melissa	Dansaert Dikkeneks	42:57	+7:48	05:47	03:11	03:22	03:13	03:06	03:29	06:36	03:37	05:28	03:51	01:17
101.	The Thrust issues		42:57												92. MF 77. INTER MF
101	ENDERINK Lisa	The Thrust issues	42:57	+7:48	05:42	03:10	03:08	03:12	03:12	03:33	06:45	03:39	05:18	04:06	01:11
101	SIBBALD Pascal	The Thrust issues	42:57	+7:48	05:42	03:09	03:09	03:11	03:14	03:32	06:46	03:37	05:18	04:06	01:13
102.	The beauties and the beasts		42:58												93. MF 78. INTER MF
102	JANSSEN Griet	The beauties and the beasts	42:58	+7:49	05:08	03:28	03:34	03:24	03:29	03:34	06:18	03:39	05:22	03:53	01:05
102	ADAMS Stijn	The beauties and the beasts	42:58	+7:49	05:07	03:31	03:34	03:24	03:26	03:37	06:20	03:39	05:18	03:53	01:09
103.	La Tuche Académie		43:05												94. MF 79. INTER MF
103	VAN HOEY Anne	La Tuche Académie	43:05	+7:56	05:50	03:29	03:11	03:41	02:43	03:49	06:00	03:41	05:34	04:00	01:07
103	GENTILE Matteo	La Tuche Académie	43:05	+7:56	05:50	03:27	03:13	03:38	02:47	03:47	06:02	03:37	05:36	04:01	01:07
104.	Newbies		43:05												95. MF 80. INTER MF
104	PLEXIDAS Alexandros	Newbies	43:05	+7:56	06:02	03:25	03:49	03:08	03:18	03:19	06:47	03:17	05:13	03:38	01:09
104	GIASAFAKI Peggy	Newbies	43:05	+7:56	06:01	03:25	03:49	03:07	03:17	03:23	06:45	03:16	05:13	03:40	01:08
105.	Beauties and the "beasts"		43:07												96. MF 81. INTER MF
105	JEANJOT Mael	Beauties and the "beasts"	43:07	+7:58	05:34	03:24	03:47	03:06	03:33	03:21	06:21	03:30	05:43	03:31	01:14
105	STROEDER Tiffany	Beauties and the "beasts"	43:07	+7:58	05:34	03:27	03:45	03:17	03:23	03:27	06:15	03:31	05:41	03:34	01:13
106.	Bits, Booties & Biceps		43:09												97. MF 82. INTER MF
106	VAN LAER Ashley	Bits, Booties & Biceps	43:09	+8:00	05:31	03:46	03:34	03:24	03:17	03:32	06:31	03:37	05:00	03:46	01:11
106	BRITS Evelyne	Bits, Booties & Biceps	43:09	+8:00	05:31	03:46	03:34	03:23	03:18	03:31	06:33	03:36	05:00	03:46	01:11
107.	Team 2103		43:10												10. MM 10. Pro MM
107	DEMOULIN Jeffrey	Team 2103	43:10	+8:01	05:28	03:12	03:22	03:13	03:27	03:35	06:11	03:32	05:43	03:54	01:33
107	CHIOLO Vincenzo	Team 2103	43:10	+8:01	05:29	03:12	03:21	03:14	03:25	03:38	06:11	03:32	05:41	03:55	01:31
108.	Les 4 fantastiques		43:11												98. MF 83. INTER MF
108	DEVROYE Benjamin	Les 4 fantastiques	43:11	+8:02	06:12	03:16	03:19	03:21	03:09	03:32	06:22	03:24	05:28	03:52	01:16
108	PERROTTI Marie	Les 4 fantastiques	43:11	+8:02	06:11	03:17	03:17	03:23	03:08	03:34	06:19	03:24	05:28	03:54	01:15
109.	The Cryptians Inter		43:11												99. MF 84. INTER MF
109	SAMOURI Georges	The Cryptians Inter	43:11	+8:02	05:44	03:27	03:27	03:29	03:01	03:37	06:42	03:24	05:16	03:57	01:06
109	LEFEBVRE Béatrice	The Cryptians Inter	43:11	+8:02	05:45	03:28	03:27	03:28	03:01	03:37	06:39	03:28	05:16	03:59	01:03
110.	Team 1693		43:11												100. MF 85. INTER MF
110	VAN BAAR Renske	Team 1693	43:11	+8:02	05:43	03:18	03:14	03:32	03:17	03:59	06:03	03:31	05:10	04:23	01:00

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
110	VAN DUIN Rens	Team 1693	43:11	+8:02	05:43	03:17	03:16	03:30	03:19	03:58	06:06	03:25	05:14	04:19	01:04
111.	CROSSFIT LIEGE (2)		43:12												
111	TORRES Annael	CROSSFIT LIEGE (2)	43:12	+8:03	05:27	03:10	03:29	03:10	03:19	03:56	07:01	03:23	05:22	03:50	01:05
111	RASKINET Lory	CROSSFIT LIEGE (2)	43:12	+8:03	05:27	03:09	03:29	03:12	03:16	03:56	07:02	03:23	05:22	03:52	01:04
112.	Clean Up		43:15												
112	IVALDI Maxime	Clean Up	43:15	+8:06	05:53	03:31	03:40	03:18	02:56	03:31	06:42	03:34	04:56	03:59	01:15
112	IMPATIENT Isabelle	Clean Up	43:15	+8:06	05:53	03:31	03:40	03:19	02:56	03:31	06:41	03:34	04:57	03:59	01:14
113.	CrossFit Aalst		43:18												
113	DESTRIJCKER Evelien	CrossFit Aalst	43:18	+8:09	06:13	03:33	03:27	03:28	03:00	03:47	05:53	03:38	04:56	04:17	01:06
113	VAN DEN BOSSCHE Jesse	CrossFit Aalst	43:18	+8:09	06:13	03:32	03:28	03:27	03:00	03:47	05:54	03:37	04:57	04:17	01:06
114.	CROSSFIT XMILE		43:18												
114	MAHRIA Zakaria	CROSSFIT XMILE	43:18	+8:09	05:48	03:25	03:12	03:25	03:11	03:40	06:34	04:00	05:05	03:57	01:00
114	VAN BECELAERE Marine	CROSSFIT XMILE	43:18	+8:09	05:49	03:24	03:12	03:25	03:12	03:39	06:34	03:59	05:07	03:55	01:02
115.	Team 2052		43:18												
115	ROY Jerome	Team 2052	43:18	+8:09	05:35	03:05	03:36	03:04	03:45	03:22	06:56	03:17	05:42	03:30	01:25
115	FONTINOY Julie	Team 2052	43:18	+8:09	05:35	03:05	03:36	03:04	03:46	03:21	06:56	03:18	05:41	03:30	01:26
116.	TEAM CFL		43:19												
116	DE RAEDT Janina	TEAM CFL	43:19	+8:10	05:15	03:23	03:29	03:25	03:39	03:41	06:07	03:49	05:27	03:55	01:09
116	HAENTJENS Jasper	TEAM CFL	43:19	+8:10	05:09	03:20	03:37	03:26	03:34	03:36	06:16	03:49	05:28	03:55	01:08
117.	Team 2024		43:24												
117	PUSTJENS Cindy	Team 2024	43:24	+8:15	05:40	03:16	03:25	03:13	04:16	03:16	06:37	03:28	05:09	03:47	01:17
117	ZENGERIS Patricia	Team 2024	43:24	+8:15	05:40	03:17	03:24	03:14	04:16	03:17	06:35	03:26	05:12	03:46	01:17
118.	Dansaert Dikkeneks		43:27												
118	VAN TICHELEN Luca	Dansaert Dikkeneks	43:27	+8:18	05:35	03:34	03:38	03:24	03:24	03:27	05:54	03:49	05:19	04:02	01:21
118	VICTORIA Bonte	Dansaert Dikkeneks	43:27	+8:18	05:35	03:33	03:37	03:25	03:23	03:28	05:54	03:49	05:18	04:04	01:19
119.	D10 Vortex		43:40												
119	DONVIL Nele	D10 Vortex	43:40	+8:31	05:39	03:29	03:01	03:22	03:28	03:48	06:47	03:48	04:50	04:17	01:11
119	ABRAMCZYK Szymon	D10 Vortex	43:40	+8:31	05:39	03:30	03:01	03:22	03:28	03:48	06:46	03:48	04:50	04:17	01:11
120.	The Underdogs		43:40												
120	GIUNTA Antonella	The Underdogs	43:40	+8:31	06:11	03:36	03:46	03:23	03:13	03:24	06:10	03:22	05:18	03:54	01:23

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
120	PAWLISZAK Tomek	The Underdogs	43:40	+8:31	05:58	03:36	03:24	03:36	02:49	03:49	06:19	03:38	05:12	04:02	01:16
121.	The Underdogs		43:40												
121	SALAZAR Paulo	The Underdogs	43:40	+8:31	06:12	03:36	03:43	03:27	03:12	03:24	06:11	03:22	05:18	03:55	01:20
121	MATTAR Magali Joanna	The Underdogs	43:40	+8:31	05:57	03:37	03:24	03:36	02:49	03:49	06:18	03:39	05:12	04:04	01:15
122.	Strive WODaholics		43:43												
122	DECKERS Sarina	Strive WODaholics	43:43	+8:34	05:22	03:56	03:14	03:50	02:38	03:59	06:15	04:07	04:41	04:42	00:58
122	BYNENS Casper	Strive WODaholics	43:43	+8:34	05:22	03:56	03:15	03:49	02:41	03:58	06:17	04:03	04:41	04:41	01:00
123.	Tripel Karmeliet		43:44												
123	BELET Artium	Tripel Karmeliet	43:44	+8:35	06:23	03:34	03:30	03:21	03:35	03:30	06:21	03:28	05:12	03:39	01:11
123	BORAI Marylise	Tripel Karmeliet	43:44	+8:35	06:23	03:36	03:26	03:24	03:33	03:34	06:17	03:30	05:10	03:45	01:06
124.	Les plus gros biceps		43:44												
124	BAILLY Claire	Les plus gros biceps	43:44	+8:35	05:46	03:47	03:16	03:35	02:48	03:47	06:46	03:43	05:04	04:13	00:58
124	VOLPE Domenico	Les plus gros biceps	43:44	+8:35	05:49	03:36	03:26	03:33	02:51	03:43	06:48	03:41	05:05	04:16	00:56
125.	LFG!		43:49												
125	SOUSA Andre	LFG!	43:49	+8:40	04:56	03:40	03:20	03:40	03:21	03:56	06:28	03:51	05:21	04:14	00:59
125	KONTITSIS Morgane	LFG!	43:49	+8:40	04:56	03:41	03:21	03:39	03:17	03:59	06:27	03:54	05:16	04:18	01:01
126.	Ta mère en snatch !		43:53												
126	BLANCHART Romain	Ta mère en snatch !	43:53	+8:44	05:26	03:42	03:21	03:52	03:22	03:40	06:11	03:42	04:57	04:12	01:28
126	DIMOLA Charlotte	Ta mère en snatch !	43:53	+8:44	05:26	03:43	03:20	03:57	03:18	03:40	06:09	03:42	04:57	04:13	01:28
127.	TEAM CFL		44:01												
127	HAENTJENS Jonas	TEAM CFL	44:01	+8:52	06:20	03:26	03:19	03:13	02:57	03:26	06:38	03:38	05:41	03:58	01:24
127	VERSCHELDEN Nathalie	TEAM CFL	44:01	+8:52	06:20	03:25	03:20	03:13	02:55	03:27	06:39	03:36	05:42	04:00	01:24
128.	Mixed Mayhem		44:04												
128	DITS Dennis	Mixed Mayhem	44:04	+8:55	05:38	03:34	02:56	03:10	03:39	03:25	07:08	03:20	05:56	04:06	01:12
128	PANIS Monique	Mixed Mayhem	44:04	+8:55	05:39	03:31	02:57	03:10	03:40	03:24	07:09	03:19	05:57	03:54	01:23
129.	Les Peanuts		44:05												
129	STOCHMEL Romain	Les Peanuts	44:05	+8:56	05:49	03:38	03:30	03:44	03:22	04:04	05:43	03:50	05:07	04:10	01:08
129	JAVAUX Coralie	Les Peanuts	44:05	+8:56	05:49	03:39	03:30	03:43	03:24	04:04	05:41	03:51	05:04	04:14	01:06
130.	Team 1693		44:06												
130	DEN DAS Amy	Team 1693	44:06	+8:57	05:39	03:30	03:22	03:30	03:27	03:47	06:24	03:36	05:32	04:06	01:13

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
130	BRAVIK Tamas	Team 1693	44:06	+8:57	05:40	03:29	03:22	03:31	03:26	03:46	06:24	03:36	05:33	04:07	01:11
131.	Pizza Power ?		44:08												
131	ARRAS MALIUE Amal Soraya	Pizza Power ?	44:08	+8:59	06:09	03:18	03:45	03:16	03:26	03:23	07:15	03:22	05:04	03:49	01:21
131	SILVA DE SOUZA Cristiano	Pizza Power ?	44:08	+8:59	06:09	03:19	03:45	03:17	03:25	03:24	07:14	03:22	05:04	03:49	01:20
132.	Team Expoglider		44:20												
132	MAQUINAY Morgane	Team Expoglider	44:20	+9:11	05:39	03:24	03:28	03:23	03:17	03:41	06:44	03:32	05:27	03:53	01:52
132	OFFERMANN Maxime	Team Expoglider	44:20	+9:11	05:38	03:25	03:28	03:22	03:19	03:39	06:44	03:32	05:30	03:49	01:54
133.	Mixed Mayhem		44:21												
133	VAN EE Laurens	Mixed Mayhem	44:21	+9:12	05:37	03:34	02:40	03:37	03:58	03:48	06:19	03:37	06:00	04:06	01:05
133	DE GRAAF Corina	Mixed Mayhem	44:21	+9:12	05:37	03:34	02:39	03:34	04:01	03:48	06:20	03:37	06:02	04:04	01:05
134.	La Tuche Académie		44:23												
134	CAROLE Mignon	La Tuche Académie	44:23	+9:14	05:24	03:53	03:26	03:37	03:35	03:42	06:35	03:42	05:35	03:50	01:04
134	WELLEMANS Olivier	La Tuche Académie	44:23	+9:14	05:24	03:51	03:26	03:35	03:38	03:41	06:37	03:41	05:36	03:47	01:06
135.	The 8500 Crew		44:27												
135	HIMPE Anouk	The 8500 Crew	44:27	+9:18	05:46	03:38	03:32	03:23	03:27	03:43	06:44	03:31	05:21	03:46	01:35
135	HAERI Houman	The 8500 Crew	44:27	+9:18	05:47	03:38	03:31	03:29	03:23	03:52	06:34	03:39	05:12	04:03	01:19
136.	Crossfit Malle Independance		44:28												
136	HILLEN Kevin	Crossfit Malle Independance	44:28	+9:19	05:45	03:22	03:32	03:29	03:40	03:45	06:11	03:46	05:08	04:24	01:26
136	LYBAERT Annemie	Crossfit Malle Independance	44:28	+9:19	05:45	03:21	03:33	03:29	03:39	03:46	06:10	03:47	05:10	04:21	01:27
137.	District 10 Sports Inter		44:35												
137	VAN DIEST Valerie	District 10 Sports Inter	44:35	+9:26	05:39	03:41	03:43	03:19	03:13	03:40	06:41	03:36	05:35	04:07	01:21
137	BRUYNINCKX Cédric	District 10 Sports Inter	44:35	+9:26	05:40	03:39	03:45	03:17	03:14	03:41	06:40	03:35	05:41	04:03	01:20
138.	The Thrust issues		44:44												
138	KEMPS Dorien	The Thrust issues	44:44	+9:35	06:03	03:20	03:50	03:28	03:18	03:44	06:49	03:33	05:27	03:58	01:14
138	HOL Joris	The Thrust issues	44:44	+9:35	06:03	03:18	03:51	03:27	03:19	03:44	06:50	03:32	05:29	03:56	01:15
139.	6000 Hawks		44:45												
139	LHOEST Melissa	6000 Hawks	44:45	+9:36	05:53	03:31	03:38	03:25	03:21	03:46	06:35	03:47	05:38	04:06	01:04
139	LALOYAUX Dorian	6000 Hawks	44:45	+9:36	05:54	03:30	03:39	03:24	03:22	03:44	06:36	03:43	05:42	04:05	01:06
140.	Half tall half short		44:47												
140	COLLIGNON Lisa	Half tall half short	44:47	+9:38	05:21	03:55	03:11	04:01	03:25	04:18	05:41	04:02	05:03	04:34	01:15

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
140	DE CNODDER Kobe	Half tall half short	44:47	+9:38	05:51	03:47	03:40	03:49	03:00	04:01	05:46	04:12	05:23	04:03	01:15
141.	100 Prétention		44:49												
141	BUY Julie	100 Prétention	44:49	+9:40	05:08	03:36	03:53	02:56	03:54	03:31	07:11	03:24	05:57	03:38	01:40
141	TZARTZOS Nikolaos	100 Prétention	44:49	+9:40	05:11	03:46	03:47	03:24	03:20	03:44	06:59	03:29	05:54	03:44	01:31
142.	Half tall half short		44:55												
142	OEYEN Bart	Half tall half short	44:55	+9:46	05:21	03:55	03:11	04:01	03:25	04:05	05:58	03:57	05:06	04:56	01:00
142	PEETERS Jo	Half tall half short	44:55	+9:46	05:52	03:49	03:38	03:56	02:54	04:21	05:26	04:16	05:21	04:21	01:00
143.	La Bridée et les Gitans		44:56												
143	SOUKKHASEUM Thippha	La Bridée et les Gitans	44:56	+9:47	05:51	03:48	03:36	03:51	03:21	04:08	06:14	03:49	04:47	04:23	01:08
143	LERUSTE Gaetan	La Bridée et les Gitans	44:56	+9:47	05:50	03:47	03:37	03:48	03:25	04:06	06:15	03:49	04:46	04:22	01:11
144.	Youth & Wisdom United		45:12												
144	DESMEDT Cathy	Youth & Wisdom United	45:12	+10:03	05:27	03:36	03:53	03:31	03:24	04:11	06:02	03:48	05:54	04:14	01:12
144	CONTRERAS Alan	Youth & Wisdom United	45:12	+10:03	05:26	03:36	03:53	03:31	03:24	04:11	06:05	03:43	05:56	04:10	01:14
145.	D10 Vortex		45:17												
145	VRANCKX Wim	D10 Vortex	45:17	+10:08	06:03	03:30	03:32	03:35	03:34	04:00	06:29	03:50	05:10	04:27	01:07
145	VALKENAERS Emily	D10 Vortex	45:17	+10:08	06:02	03:28	03:33	03:34	03:37	03:55	06:31	03:47	05:14	04:24	01:11
146.	Tripel Karmeliet		45:23												
146	LEJEUNE Christine	Tripel Karmeliet	45:23	+10:14	05:42	03:47	03:22	03:56	02:55	04:10	06:13	04:08	05:29	04:39	01:02
146	DENIS Brouwers	Tripel Karmeliet	45:23	+10:14	05:41	03:47	03:24	03:54	02:53	04:10	06:15	04:07	05:30	04:30	01:10
147.	CROSSFIT WILD FOX 1		45:25												
147	SCKUVIE Jonathan	CROSSFIT WILD FOX 1	45:25	+10:16	06:38	03:14	03:37	03:31	03:42	03:31	06:50	03:30	05:25	04:13	01:14
147	RÉMICHE Laureen	CROSSFIT WILD FOX 1	45:25	+10:16	06:38	03:14	03:37	03:31	03:42	03:37	06:43	03:34	05:23	04:15	01:11
148.	Ultra H5PO		45:29												
148	HEBRANT Benjamin	Ultra H5PO	45:29	+10:20	06:03	03:26	03:38	03:48	03:23	03:45	06:37	03:54	05:31	04:26	00:58
148	MAHY Anne-Lise	Ultra H5PO	45:29	+10:20	06:03	03:25	03:39	03:47	03:25	03:44	06:37	03:54	05:30	04:27	00:58
149.	The 80's team		45:30												
149	DRIESEN Britt	The 80's team	45:30	+10:21	05:32	03:38	03:30	03:49	03:14	04:02	06:18	04:08	05:54	04:20	01:05
149	AUTEVELD Jonathan	The 80's team	45:30	+10:21	05:32	03:30	03:37	03:06	03:59	03:54	06:25	03:53	05:56	04:21	01:17
150.	Ta mère en snatch !		45:40												
150	TEHEUX Julien	Ta mère en snatch !	45:40	+10:31	06:01	03:38	03:32	03:28	03:32	03:34	06:59	04:00	05:15	04:10	01:31

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
150	LEGRAIN Virgine	Ta mère en snatch !	45:40	+10:31	06:00	03:37	03:35	03:27	03:31	03:36	06:57	04:00	05:17	04:09	01:31
151.	Les Squatophores		45:48				140. MF								123. INTER MF
151	BOURNONS Michel	Les Squatophores	45:48	+10:39	06:00	03:28	03:51	03:31	03:44	03:37	06:42	03:39	05:42	04:06	01:28
151	ELISABETH Franchimont	Les Squatophores	45:48	+10:39	06:00	03:29	03:50	03:32	03:42	03:37	06:42	03:41	05:37	04:09	01:29
152.	Les princesses et les bûcherons		45:48				141. MF								124. INTER MF
152	ROUSSEAU Maxime	Les princesses et les	45:48	+10:39	05:22	03:35	03:56	03:45	03:09	04:00	06:39	04:07	05:16	04:32	01:27
152	MARINE Santos	Les princesses et les	45:48	+10:39	05:20	03:37	03:56	03:44	03:10	04:00	06:37	04:08	05:18	04:30	01:27
153.	Les Peanuts		45:55				142. MF								125. INTER MF
153	FERRER Quentin	Les Peanuts	45:55	+10:46	05:24	03:56	03:46	03:46	03:19	04:18	06:16	04:09	05:21	04:23	01:17
153	PETRINI Céline	Les Peanuts	45:55	+10:46	05:22	03:58	03:46	03:48	03:18	04:16	06:15	04:10	05:22	04:25	01:13
154.	The 80's team		46:15				143. MF								126. INTER MF
154	VERSCHUREN Lief	The 80's team	46:15	+11:06	05:10	03:50	03:24	03:52	03:26	04:32	06:08	04:25	05:30	04:35	01:23
154	DRIESEN Nick	The 80's team	46:15	+11:06	05:10	03:51	03:24	03:52	03:24	04:33	06:07	04:27	05:29	04:36	01:22
155.	Uprise Ninja's		46:19				144. MF								127. INTER MF
155	VAN CAMPENHOUT Lesley	Uprise Ninja's	46:19	+11:10	05:33	03:51	03:39	04:00	03:52	04:07	06:44	03:57	04:57	04:36	01:03
155	GOOSSENS Ruben	Uprise Ninja's	46:19	+11:10	05:33	03:50	03:40	03:57	03:55	04:07	06:44	03:54	04:59	04:22	01:18
156.	Team 2100		46:28				11. MM								11. Pro MM
156	DE BRUYN Nick	Team 2100	46:28	+11:19	05:35	03:06	03:51	03:20	03:53	03:59	06:39	03:35	06:20	04:50	01:20
156	VERHEYEN Steffen	Team 2100	46:28	+11:19	05:34	03:07	03:51	03:22	03:52	03:58	06:39	03:35	06:17	04:52	01:21
157.	Team 2109		46:33				12. MM								12. Pro MM
157	LUYKX Max	Team 2109	46:33	+11:24	04:54	03:19	03:42	03:46	03:48	04:02	06:54	03:41	05:32		
157	FREDERICX Jonas	Team 2109	46:33	+11:24	04:54	03:19	03:42	03:46	03:50	04:01	06:55	03:43	05:30		
158.	Team 2048		46:38				145. MF								4. Pro MF
158	SOLER Patricia	Team 2048	46:38	+11:29	06:03	03:25	03:50	03:38	03:41	03:33	07:25	03:34	05:56	03:54	01:39
158	NJOO Hin	Team 2048	46:38	+11:29	06:02	03:26	03:50	03:41	03:38	03:34	07:22	03:37	05:55	03:55	01:38
159.	CROSSFIT LIEGE (2)		46:55				146. MF								128. INTER MF
159	DEBROUX Maxime	CROSSFIT LIEGE (2)	46:55	+11:46	05:39	03:38	03:27	03:47	03:34	04:01	07:02	03:46	05:34	05:00	01:24
159	KÉRIS Laura	CROSSFIT LIEGE (2)	46:55	+11:46	05:40	03:38	03:28	03:46	03:35	04:00	07:02	03:46	05:33	05:06	01:21
160.	Team 2047		47:05				147. MF								5. Pro MF
160	THIJS Jens	Team 2047	47:05	+11:56	06:11	03:28	04:13	03:41	03:47	04:22	06:36	03:42	05:31	04:15	01:19

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
160	FONTYN Melissa	Team 2047	47:05	+11:56	06:13	03:26	04:14	03:41	03:46	04:23	06:36	03:43	05:31	04:17	01:15
161.	Chalk Dirty to Me		47:18												148. MF 129. INTER MF
161	VAN DIEST Sjambho	Chalk Dirty to Me	47:18	+12:09	06:00	03:23	03:39	03:21	03:58	03:43	06:34	03:42	06:23		
161	GEYSEN Yana	Chalk Dirty to Me	47:18	+12:09	05:59	03:22	03:41	03:21	03:59	03:43	06:33	03:43	06:25		
162.	La Mif		47:19												149. MF 130. INTER MF
162	GROGNET Noemie	La Mif	47:19	+12:10	06:08	03:48	03:47	03:44	03:57	04:02	07:08	04:07	05:25	04:14	00:58
162	MARTIN Lobet	La Mif	47:19	+12:10	06:08	03:46	03:48	03:45	03:57	04:01	07:08	04:08	05:24	04:13	01:01
163.	Crossfit Malle Independence		47:25												150. MF 131. INTER MF
163	OMER Mohab	Crossfit Malle Independence	47:25	+12:16	06:03	03:50	03:48	03:45	03:15	04:16	06:25	04:12	05:47	04:38	01:26
163	ROEYEN Gwynn	Crossfit Malle Independence	47:25	+12:16	06:03	03:49	03:49	03:46	03:17	04:15	06:23	04:11	05:47	04:42	01:23
164.	Team 2051		47:29												151. MF 6. Pro MF
164	FERRÉ Steevy	Team 2051	47:29	+12:20	06:25	03:31	04:03	03:29	03:37	03:44	07:54	03:23	04:59		
164	BERNARD Sophie	Team 2051	47:29	+12:20	06:25	03:29	04:05	03:27	03:40	03:42	07:54	03:23	05:00		
165.	Team 2023		47:30												2. FF 2. Pro FF
165	JONCKHEERE Sarah	Team 2023	47:30	+12:21	07:08	03:41	03:43	03:29	03:22	03:39	07:44	03:33	05:59	03:45	01:26
165	SIAU Sofie	Team 2023	47:30	+12:21	07:09	03:42	03:41	03:30	03:23	03:37	07:44	03:34	05:58	03:49	01:23
166.	Team 2050		47:30												152. MF 7. Pro MF
166	BRAUWERS Anke	Team 2050	47:30	+12:21	06:09	03:19	03:56	03:27	03:44	04:50	06:41	03:53	05:30	04:21	01:39
166	DE MAERE Jens	Team 2050	47:30	+12:21	06:09	03:20	03:55	03:28	03:44	04:51	06:40	04:10	05:13	04:44	01:16
167.	Team 2107		47:41												13. MM 13. Pro MM
167	CARRASQUILLO Jose	Team 2107	47:41	+12:32	06:11	02:53	03:06	03:29	03:29	04:04	07:56	03:34	06:50	04:18	01:51
167	MOTT Micah	Team 2107	47:41	+12:32	06:11	02:52	03:07	03:29	03:29	04:04	07:57	03:35	06:48	04:17	01:52
168.	Swole sisters and brothers		47:51												153. MF 132. INTER MF
168	NILIS Magalie	Swole sisters and brothers	47:51	+12:42	06:26	03:42	03:38	03:40	03:56	03:56	06:57	03:53	05:56	04:28	01:19
168	DEGERICKX Marijn	Swole sisters and brothers	47:51	+12:42	06:25	03:39	03:41	03:39	03:57	03:55	06:59	03:51	05:57	04:29	01:18
169.	The beauties and the beasts		47:52												154. MF 133. INTER MF
169	VOSTERS Lode	The beauties and the beasts	47:52	+12:43	05:09	03:50	03:33	04:09	03:45	04:18	05:57	04:24	06:40	04:50	01:17
169	VAN TROY Romy	The beauties and the beasts	47:52	+12:43	05:10	03:49	03:33	04:09	03:46	04:17	05:56	04:24	06:40	04:52	01:15
170.	100 Prétention		47:54												155. MF 134. INTER MF
170	CRAMER Clara	100 Prétention	47:54	+12:45	06:00	03:23	04:02	03:29	04:16	03:33	07:30	03:38	06:45	03:26	01:51

Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
170	KAMPILAFKOS Dimitrios	100 Prétention	47:54	+12:45	06:01	03:27	04:01	03:53	03:51	03:32	07:29	03:41	06:44	03:27	01:48
171.	All 4 one		47:57												
171	FRANCESCO Argento	All 4 one	47:57	+12:48	05:59	03:44	03:34	04:00	03:38	04:06	06:47	04:01	05:43	05:27	00:58
171	MILAZZO Deborah	All 4 one	47:57	+12:48	05:59	03:45	03:34	04:00	03:37	04:11	06:42	04:03	05:41	05:28	00:57
172.	6000 Hawks		47:58												
172	TERELLE Hugo	6000 Hawks	47:58	+12:49	05:52	03:39	03:58	03:41	03:33	03:58	07:01	03:56	06:08	04:56	01:16
172	ROUET Wendy	6000 Hawks	47:58	+12:49	05:53	03:38	03:55	03:42	03:38	03:57	06:59	03:59	06:06	04:52	01:19
173.	All 4 one		47:59												
173	MOONEN Quentin	All 4 one	47:59	+12:50	06:25	03:49	03:40	04:01	03:41	04:06	07:17	04:04	05:29	04:11	01:16
173	BEYENS Roxanne	All 4 one	47:59	+12:50	06:24	03:50	03:39	04:03	03:39	04:07	07:17	04:04	05:29	04:12	01:14
174.	La Mif		48:01												
174	WISLEZ Lise	La Mif	48:01	+12:52	06:49	03:35	03:41	03:36	03:56	03:54	07:16	03:50	05:35	04:40	01:09
174	WILLIAM Radelet	La Mif	48:01	+12:52	06:48	03:35	03:41	03:36	03:56	03:54	07:16	03:49	05:36	04:40	01:08
175.	Les 4 fantastiques		48:23												
175	AL ZAAITITI Amaury	Les 4 fantastiques	48:23	+13:14	06:11	03:19	03:19	03:23	04:34	04:03	07:49	03:53	06:14	04:18	01:20
175	VERBIC Laure	Les 4 fantastiques	48:23	+13:14	06:11	03:20	03:17	03:27	04:32	04:06	07:45	03:59	06:08	04:18	01:19
176.	Swole sisters and brothers		48:45												
176	VANSCHOORISSE Allison	Swole sisters and brothers	48:45	+13:36	06:23	04:02	03:38	03:57	03:20	04:23	07:13	04:14	05:33	04:56	01:06
176	VANOPPEN Kenn	Swole sisters and brothers	48:45	+13:36	06:24	04:01	03:38	03:56	03:22	04:21	07:15	04:12	05:33	04:54	01:09
177.	District 10 Sports Inter		48:53												
177	REPANTI Anne	District 10 Sports Inter	48:53	+13:44	06:05	03:48	03:55	03:43	03:41	04:11	06:55	04:01	06:47	04:29	01:18
177	VAN LEE Tom	District 10 Sports Inter	48:53	+13:44	06:05	03:49	03:53	03:44	03:43	04:07	06:57	04:00	06:49	04:26	01:20
178.	La Bridée et les Gitans		48:53												
178	LERUSTE Tyziana	La Bridée et les Gitans	48:53	+13:44	06:09	03:56	03:52	04:00	04:00	04:09	07:22	04:11	05:37	04:32	01:05
178	HOUGARDY Loïc	La Bridée et les Gitans	48:53	+13:44	06:08	03:57	03:52	03:58	04:02	04:07	07:24	04:10	05:36	04:34	01:04
179.	Team 2046		49:04												
179	VERBEKE Ruben	Team 2046	49:04	+13:55	06:30	03:38	04:05	03:36	04:06	04:08	07:06	03:52	05:50	04:43	01:30
179	DE HAUWERE Kim	Team 2046	49:04	+13:55	06:30	03:38	04:06	03:34	04:07	04:09	07:05	03:52	05:50	04:42	01:31
180.	Team 2053		49:29												
180	MANGHELINCKX Inne	Team 2053	49:29	+14:20	05:23	03:54	03:40	03:48	03:49	05:04	06:55	04:36	05:48	04:58	01:34

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Ran	Nom Prénom	Club	Temp	Ecart	RowEr	Run1	H.	Run2	Burp.	Run3	Bike	Run4	Steps	Run5	S.
180	DUPONT Cedric	Team 2053	49:29	+14:20	05:24	03:56	03:37	03:49	03:54	04:59	06:53	04:37	05:47	04:58	01:35
181.	Team 2022		49:35	3. FF	3. Pro FF										
181	DELAUNOIS Emmanuelle	Team 2022	49:35	+14:26	08:06	03:50	03:35	03:23	03:12	03:49	08:13	03:40	05:58	03:59	01:49
181	REGEDOR Fabiana	Team 2022	49:35	+14:26	08:07	03:50	03:35	03:23	03:12	03:48	08:14	03:39	05:58	04:00	01:49
182.	Team Casalina		49:39	166. MF	143. INTER MF										
182	NOORANI Sogol	Team Casalina	49:39	+14:30	06:23	03:38	03:41	03:45	04:18	03:59	07:05	04:10	06:16	04:52	01:32
182	DEBEYSER Sven	Team Casalina	49:39	+14:30	06:22	03:36	03:44	03:41	04:23	03:50	07:13	04:05	06:16	04:51	01:37
183.	Team Casalina		49:56	167. MF	144. INTER MF										
183	OORLYNCK Alizée	Team Casalina	49:56	+14:47	06:19	04:31	03:26	04:28	03:13	04:35	06:49	04:29	05:48	05:04	01:14
183	DONG VAN Sao Linh	Team Casalina	49:56	+14:47	06:18	04:30	03:26	04:29	03:12	04:35	06:48	04:31	05:48	05:03	01:13
184.	Les imprévisibles		51:32	168. MF	145. INTER MF										
184	NICOLAY Andy	Les imprévisibles	51:32	+16:23	06:32	03:55	04:13	03:52	04:01	04:23	07:37	04:09	06:30	04:46	01:34
184	DOE Jane	Les imprévisibles	51:32	+16:23	06:32	03:55	04:13	03:53	04:00	04:24	07:35	04:11	06:30	04:46	01:33
185.	Team 2021		51:55	4. FF	1. Open FF										
185	GUZMAN Karen	Team 2021	51:55	+16:46	06:32	03:58	04:04	04:13	04:54	04:01	08:37	04:01	04:54	04:43	01:58
185	GAREVA Silviya	Team 2021	51:55	+16:46	06:31	03:57	04:06	04:12	04:55	04:00	08:38	03:59	04:55	04:41	02:01
186.	Chalk Dirty to Me		53:00	169. MF	146. INTER MF										
186	PATHAK Mithilesh	Chalk Dirty to Me	53:00	+17:51	06:11	04:01	04:38	04:26	04:18	04:25	07:52	04:05	06:29	05:15	01:20
186	DEPREZ Sophie	Chalk Dirty to Me	53:00	+17:51	06:13	04:02	04:38	04:27	04:13	04:29	07:46	04:13	06:23	05:15	01:21
187.	Les Squatophores		53:21	170. MF	147. INTER MF										
187	VINCKE Jessica	Les Squatophores	53:21	+18:12	06:14	03:44	04:16	03:56	04:31	04:28	07:53	04:26	07:30	05:03	01:20
187	JAMOTTE Julien	Les Squatophores	53:21	+18:12	06:14	03:43	04:17	03:54	04:33	04:27	07:54	04:27	07:29	05:04	01:18
188.	Les Wardennais		58:21	171. MF	148. INTER MF										
188	DOS ANJOS CORREIA	Les Wardennais	58:21	+23:12	06:01	04:16	04:45	05:08	04:44	04:58	08:57	04:29	07:45	05:40	01:38
188	MÉLANIE Meynadier	Les Wardennais	58:21	+23:12	06:02	04:17	04:44	05:12	04:40	05:00	08:55	04:29	07:46	05:40	01:35
189.	Team 2114		1:08:22	14. MM	14. Pro MM										
189	BERGIERS Maxime	Team 2114	1:08:22	+33:13		04:00	04:48	03:45	04:30	04:49	07:43	04:05	08:15	04:10	02:00
189	KERSTENS Tom	Team 2114	1:08:22	+33:13		04:00	04:50	03:45	04:30	04:45	07:46	04:04	08:17	04:08	02:01

Nombre d'inscrits: 378